The following resources are suggestions compiled by the ARC Nursing Admission Committee of ways to improve your TEAS score in a particular subject. After taking the exam each candidate receives an individual performance profile from Assessment Technologies Institute (ATI). Students should analyze their results and focus studies on all areas in which a score of less than 70 percentile was earned. ATI also provides a two-page document which outlines specifically where to find this content in their study guide. The following are a list of online resources & classes at ARC to help the student successfully pass the TEAS.

**American River College Courses**
- ENGRD 310 Critical Reading and Critical Thinking
- ENGRD 312 Advanced Textbook Reading
- MATH 32 Pre-Algebra
- MATH 41 Algebra Readiness Part I
- MATH 42 Algebra Readiness Part II
- BIOL 102 Essentials of Human Anatomy and Physiology

**Websites**
- **Math**
  - [http://www.khanacademy.com](http://www.khanacademy.com)
  - [http://www.brightstorm.com](http://www.brightstorm.com)
  - [http://purplemath.com](http://purplemath.com)
- **Science**
  - [http://www.hippocampus.org](http://www.hippocampus.org)
- **Writing/English** (grammar, punctuation, usage, style)
  - [http://grammar.ccc.commnet.edu/grammer](http://grammar.ccc.commnet.edu/grammer)
  - [http://owl.english.purdue.edu/](http://owl.english.purdue.edu/)
- **Reading**

If you are an **English Language Learning student (ELL/ESL)**, we suggest reading 5 books by 5 different authors (the books can be fiction or nonfiction, on any topic you enjoy). It can be very effective in increasing reading comprehension, grammar and word meanings in context.

**Books for Students Who Need a Review of Topics:**
- The [ATI TEAS Study Guide](http://www.ati testing.com) can be purchased through the [ATItesting.com website](http://www.ati testing.com). *Be sure to purchase the most up-to-date study guide.*
- Test Success, Nugent & Vitale, published by [F.A Davis](http://www.fadavis.com) (helpful to students with test anxiety)