Happy Fall Semester!
I hope all of you are settled, and doing well in your classes. Please be sure to stay current with your requirements for EOPS and CARE. Have you completed your 1st contact? Have you scheduled your 2nd? Did you turn in your APR? Remember, all of your requirements are listed on your “Important Dates” flyer, and the poster by the front counter. You will be held accountable for all of these requirements.

As I write this message our state budget has not been passed; this has a direct impact on the EOPS/CARE program, as we are funded through the State of California. I tell you this, not to scare you, but to prepare you for possible changes you could see in the spring semester services. It is unclear what funds we will receive and what that will mean to run EOPS/CARE and provide counseling, tutoring and book services. We will post notification as soon as it is clear.

Please continue to work hard in your classes, and meet with your counselors for any support you need. We are committed to support and encourage your academic, professional, and personal goals.

Warm regards,
Diane Delgado
Coordinator EOP&S/CARE

Let the staff and counselors in the EOP&S/CARE office help you achieve your goals...
Welcome back! I hope all of you had great summers and that you are now focused on doing your very best in your classes this semester.

I have been asked to share a little about myself with you. My life’s journey began in Santa Monica, California as an only child in a working class family. After losing both of my parents at the age of 15, and having no close relatives, I graduated from high school and moved to northern California to begin my college education. At a very young age I realized being a college graduate would be the only way for me to achieve my dreams and create the life I wanted. This was a big stretch for me since I would be the first college graduate in my family. Often when we set goals, obstacles present themselves and this was certainly true for me. It took me 13 years and 9 colleges to earn my BA in Social Science and my MA in Counseling Psychology, but………………..I DID IT!

As I have told many of you – never give up your dream of a college education. It may take you a while to graduate but you are going to be “that age” with or without your degree – so just keep going!

The reward for me is that I have been able to work at a job I LOVE! I feel privileged to have worked at ARC as an EOPS counselor for the past 16 years. I look forward to meeting with you – our EOPS student. My goal is to always provide you with the best information I can and if I do not know the answer to your question, to do the research until I find the answers for you.

I have been married to my life’s partner and best friend for 35 years. We have two sons: Brian, who is married and works as an insurance agent in his dad’s agency, and Brad who is a partner in a commercial real estate firm. Unfortunately, there are no grandchildren yet, but I still have hopes! The things I love most are spending time with my family, motorcycle trips (yep, I love to ride) and spending the summer on our boat in the San Juan Islands.

As you can tell I am passionate about serving EOPS students. When I meet with you my goal is to help you find a career path that will bring you as much joy as my career has brought me.

Finally I would like to share with you some of my favorite quotes: Never let you memories be greater than your dreams!

Patsy Idleman
EOP&S Counselor

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**Word Search**

**E O P & S C A R E E**

**M N G L I A B T A D**

**P O N T P E O S Y P**

**O S S R Y S V E N L**

**W A C O S D E I N A**

**E A N C N A N I F N**

**R D D D A R E S E P**

**T U T O R I N G P A**

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"Nothing is more expensive than a missed opportunity." H. Jackson Brown JR

"Success is not measured by what you accomplish, but by the opposition you have encountered and the courage with which you have maintained the struggle against overwhelming odds." Orison Swett Marden

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will." Vincent T. Lombardi
Hi, my name is Carlos Marquez and I was honored in being asked to share a brief glimpse of my thought/life in my academic journey. I was involved in a near death accident in August of 2002 that left me in a coma for almost three months, and with a lot of challenges. I believe with all my heart that achievements of any kind are the heart of effort. They who would accomplish little must sacrifice little; they who would achieve much must sacrifice much; and they who would attain highly must sacrifice greatly.

Before my accident I was involved in real estate profusely. I actually participated in it from a business view. As in I would purchase fix-it-up and resale as fast as possible. So past experience led to my fascination with business, and therefore my major. The list below are some of the academic challenges I have:

1. Significant memory loss
2. Drastic change in circumstances
3. Thought process decline due to brain injury
4. Blind in the right eye due to the accident
5. Decline in communication skills
6. Interaction in the socialization process
7. Financial

71.5% of my above challenges need to come from the help of within myself, but the other 28.5% come from EOP&S. Numbers 6 and 7 on my list are directly affected through EOP&S. Not only am I stimulated financially (#7) through the assistance in the purchasing of my text books, but also I have the privilege of being stimulated intellectually by one of California’s best counselor (Tatyana Yatsenko). Also, EOP&S helps me in the area of interaction and socialization. Its either some encouraging words and a warm welcoming from the Coordinator (Diane Delgado), the Clerk (Faryal Said), or nice talk with beautiful Olga Muskalyuk. I really appreciate all aspects of EOP&S. The staff and the program really go Above and Beyond, so I want to say Thank You!

As for my academic plans, I plan to attain my Associate Degree. I am also a very money motivated individual and will incorporate all my acquired skills and knowledge back into the most important school. The school of life. In all of our lives there comes a time when we must decide. To put our foot down and live our dreams, or sit back and live our fears. In that crucial moment of choice, we have to have a vision and grab the power that lies deep inside yourself. Then you will see that dreams can and do some true. All things are possible, if you just believe! If you want it you can get it, the only thing stopping you is you.

Carlos Marquez

<table>
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<tr>
<th>Fall 2010 Term</th>
<th>Start/End dates</th>
<th>Last day to drop and qualify for full refund</th>
<th>Last day to drop without notation</th>
<th>Last day to drop with a “W” grade</th>
<th>Last day to petition for Pass/No Pass</th>
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<td>Full Semester</td>
<td>Aug 21-Dec 16</td>
<td>Sept 3</td>
<td>Sept 19</td>
<td>Nov 16</td>
<td>Sept 17</td>
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<tr>
<td>Third Five Weeks</td>
<td>Nov 4-Dec 14</td>
<td>Nov 5</td>
<td>Nov 15</td>
<td>Dec 3</td>
<td>Nov 15</td>
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<td>2nd Eight Weeks (alt)</td>
<td>Oct 16-Dec 10</td>
<td>Oct 22</td>
<td>Oct 31</td>
<td>Nov 26</td>
<td>Oct 29</td>
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“No matter who you are, where you come from in life, or how long you wait to get started it is never too late to get a higher education.”

“I Truly believe my story is one of success because of all of the support I have received from EOPS”

“Hold your KEY to Success”
Beginning Fall semester 2010, all EOP&S required deadline dates must be met before CARE services will be disbursed to a CARE student. Failure to meet the deadline dates for all requirements (1st contact, 2nd contact, 3rd contact, the APR, and workshops) will result in you NOT receiving meals/gas cards and the CARE award. For your information, all the CARE sponsored workshops are available at the counter.

So far EOP&S Tutors are able to help 69 students just for the 1st eight weeks of fall 2010, and those of you who need the service; please apply before its TOO LATE.