

# EOP&S / CARE

## American River College

### Special Points of Interest

- Tutoring Services
- Math Success Project
- Care Corner
- Academic Progress Report
- EOP&S Requirements
- Consortium/DSP&S Letters

**Congratulations!**  
TO SPRING 2011  
EOP&S/CARE  
GRADUATES AND  
HIGH HONORS!

WE ARE PROUD OF YOU!

### EOP&S Fall 2011

**1st Contact** (in person)  
August 22nd – Oct 7th

**Academic Progress Report**  
September 12th – Oct 7th

**2nd Contact**  
October 10th – Nov 10th

**3rd Contact**  
Drop-in/By appointment  
to sign “Exit Form”  
Nov 14th – Dec 9th

**November 15th** – Last  
day to drop full term  
classes with “W”

### Priority Registration

Approximate dates

\*\* Nov 21 – 27th

## Success for all...Happy Fall!

### Happy Fall Semester!

The days will get cooler, the leaves begin to turn beautiful colors; nightfall arrives earlier and daylight takes longer to arrive. All of these happenings are signs of fall., but it still feels like summer and Fall classes have started!

Before these fall changes appear, it is a wonderful time to remind yourself to check the furnace in your house or apartment; be sure the tires on your car will survive the rain and slick roads; your children have warm clothes; and, you have scheduled your required EOPS contacts!

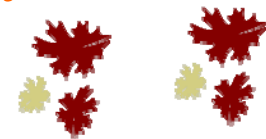
All of us in EOPS want to support you in your educational, career, and personal goals.

The purpose of your counseling contacts are to provide the opportunity for you to have a conversation with your counselor to see exactly how you are progressing down the road to those goals. We also are requiring all of you to have your instructors complete an Academic Progress Report for you to turn in to EOPS. This tool is valuable to help you, your instructor, and your counselor create a proactive plan for your academic success.

Please keep yourself and your family warm, drive safely, and enjoy the changes in the weather and the beautiful fall leaves when they arrive. Schedule your required contacts with EOPS, and submit your APR by the deadline. We want you to remain qualified to receive continued EOPS services.

Warm Regards,  
Diane Delgado  
EOP&S/CARE Coordinator

**SUCCESS IS OUR GOAL!**



## Office Hours/Contact Information

### EOP&S Office Hours

Monday 8:00-5:00  
Tuesday 8:00-7:00  
Wednesday 8:00-7:00  
Thursday 8:00-5:00  
Friday 8:00-5:00

### Campus Holidays

Fall 2011 – September 5th, 2011 Labor Day  
(Campus closed)  
November 11th, 2011 Veteran’s Day  
(Campus closed)  
November 24-27: Thanksgiving Recess  
(Campus Closed)

### If you have any questions

please stop by the  
**EOP&S office or call**  
(916) 484-8128  
Fax (916) 484-8151  
American River College  
4700 College Oak Drive

## Sharon's Legacy (CARE Mom)

As we WELCOME Fall 2011, we want to take this time to honor a very important person to all of us in the EOPS/CARE Program. Sharon Helms retired last December after 38+ years at ARC. Sharon spent her last 13 years as the CARE MOM. Sharon gave everything she had to support her CARE moms and dads. If they needed a shoulder to cry on, someone to complain to, or maybe just someone to remind them they were not alone, she provided that for them. Although we miss her everyday presence and humor in the office, she is working part-time with us to help with our budget as well as supporting our new CARE Mom, Jeanne.

### Staff Messages:

“Sharon has made me look at cubicles and doorjams in a whole new way. I always tell her that she’ll never retire because American River College is in her blood. There are three blood types A, B, and O, but Sharon’s blood type is ARC. I have learned many things from her some I’ll pass on to others and the rest will stay between the two of us.”

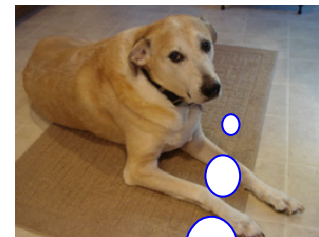
#### Jeanne

To Sharon--“You are a great example of an educational leader that is focused on helping students succeed because you provide consistent support and stability for many of them. Being able to learn from you has allowed me to improve. A mother to many--we will miss you.” **Martin**  
“Oh Sharon..... We have worked, created, played,

laughed, and shared life experiences with each other for many many years. My experience at EOP&S has been wonderful and a large part of that is because of you! You are a GREAT joy to be around!”  
Your Christmas friend **Patsy**.

“As a supervisor in the Business Office at ARC for many years, Sharon worked hard to enforce the correct spending of public funds. A major part of her job was saying “NO” we cannot do that! When Sharon came to EOP&S I watched her open her heart to CARE students and use her talent to make things possible!” **Paul**

All of us at the EOP&S/CARE department, **WE LOVE YOU!**



“We formed an unbreakable bond 7 years ago, and I love and respect you more than I ever could express; you are a wonderful woman and an employee that every manager could only hope for. I am happy you are spending some of your retirement with us every week!” Diane

Retirement: That is when you return from work one day and say, “Hi Honey, I’m home forever.”  
Gene Perret  
Lubie



I am proud to be part of student success!

## EOP&S Highlighted Student—Daniela Goga

After graduating high school in Romania, Europe, I was in transition to move to United States. Upon immigrating about five years ago, I was not able to start college right away because of the expenses, but fortunately, I was able to start attending college about four years ago and now I am in my eighth semester at college. My major is Engineering and Mathematics, and I plan to transfer in fall 2012 to one of the UC universities to get a Bachelor degree for Chemical Engineering and Materials Science. During my college experience, the EOPS/CARE program has proved to be incredibly **caring** and **supportive**, and it has given me the **opportunity** to develop myself as a student and individual and, furthermore, as an employee.

By becoming an EOPS student, I felt like I was brought into a new family that took care of me. That feeling was important for me as an emigrant from a community where friendships

and relationships last for a long time; it helped me to adjust to the cultural shock. The requirements to stay in the program: seeing a counselor and turning in a grade report (APR) motivated me to do my best. All the EOP&S services are beneficial. Experience with my counselor was incredible; he was always encouraging, was ready to listen, and understanding, especially at the times when I was extremely concerned about my major. He gladly wrote letters of recommendation, every time I asked for one. He also told me about the opportunity of becoming a tutor for EOPS program. Becoming a tutor was an important job experience and gave confidence to improve my English language skills.

By being a tutor, I have had the chance to help and encourage my tutees and improve my skills working with students. Seeing my tutees' (students') joy and

smiles when they get the concepts is so rewarding! This job allowed me to become more professional and has introduced role models of exemplary people doing their job with responsibility and passion!

Overall, the EOPS/CARE program definitely has brought a substantial change and support in my academic and professional aspects of my life. I am just one of the many students that this program has helped. There are lots of other students who need counseling, additional financial assistance, tutoring, and even “a shoulder to cry on” about their academic and personal struggles and without the EOPS/CARE support, many students would definitely struggle getting an education or may consider giving up!

Daniela Goga

*“No matter who you are, where you come from in life, or how long you wait to get started it is never too late to get a higher education.”*

Let the staff and counselors in the EOP&S/CARE office help you achieve your goals...

*“I Truly believe my story is one of success because of all of the support I have received from EOPS”*

Fall 2011 Term	Start/End dates	Last day to drop and qualify for full refund	Last day to drop without notation	Last day to drop with a “W” grade	Last day to petition for Pass/No Pass
Full Semester	Aug 20—Dec 15	Sept 2nd	September 16	November 15	September 16
First Eight Weeks	Aug 20—Oct 14	August 26	Sept 4	September 30	September 2
Second Eight Weeks	Oct 15—Dec 9	Oct 22	Oct 31	Nov 26	Oct 29
First Five Weeks	Aug 21—Sept 28	Aug 27	Aug 31	Sept 18	Aug 31
Second Five Weeks	Sept 29—Nov 3	Oct 1	Oct 8	Oct 25	Oct 29
Third Five Weeks	Nov 3—Dec 13	Nov 5	Nov 15	Dec 3	Nov 15
2nd Eight Weeks (alt)	Oct 16—Dec 10	Oct 22	Oct 30	Nov 25	Oct 28



## CARE Workshops

### TO ALL CARE STUDENTS **IMPORTANT-PLEASE READ!**

**ATTENTION:** CARE students please note that all EOP&S required deadline dates must be met before CARE services will be disbursed to a CARE student. Failure to meet the deadline dates for all requirements (1st contact, 2nd contact, 3rd contact, the APR, and workshops) will result in you **NOT** receiving meals/gas cards and the CARE award check. For your information, all the CARE sponsored workshops are available at the counter.

## **EOP&S Tutoring Service** **Need Help with Math and Science?**



So far EOP&S Tutors are able to help 55 students just for the 1st five weeks of fall 2011, and those of you who need the service; please apply before its TOO LATE.

## EOP&S /CARE WEBSITE

EOP&S/CARE students, we encourage you to visit the EOP&S/CARE website. The website is a great way to find contact information, deadlines and important dates. It is ready for you to view now! Web address is:  
[www.arc.lasrios.edu/Support\\_ServicesSupport/EOPS.htm](http://www.arc.lasrios.edu/Support_ServicesSupport/EOPS.htm)



## EOP&S Staff Corner

Diane Delgado—**Coordinator**  
Linda Ennenga—**Counselor**  
Paul Sakakihara—**Counselor**  
Martin Gomez—**Counselor**  
Patsy Idleman—**Counselor**  
Tatyana Yatsenko—**Counselor**  
Eva M. Munguia—**Counselor**  
  
Sharon Helms—**SPA-Temp**  
Melinda Linscott—**SPA**  
Lyubov Militan—**Clerk III**  
Faryal Said—**Clerk II**  
  
Jeanne Fields—**SPA-Temp**  
Sergy Postolaki—**Clerk I-Temp**  
  
Gia On—**Student Support**  
Alyssa Brown—**Student Support**  
Kathy Forrest—**Student Support**  
LaDra Banks—**Student Support**

# IMPORTANT!

### EOP&S Requirements!!!!

All EOP&S students please note that it is important to make your three counseling contacts and APR deadlines according to the Important Dates EOP&S calendar each semester. It is important that you meet all of your EOP&S requirements on time.

### **Importance of APR**

The Academic Progress Report is used as a tool for EOP&S counselors to monitor student progress. The APR is a mandatory requirement every semester. Failure to turn in your APR by the date stated on the **EOP&S Important Dates** calendar will result in termination from the EOP&S program.

### Consortium Agreement and DSPS Letters:

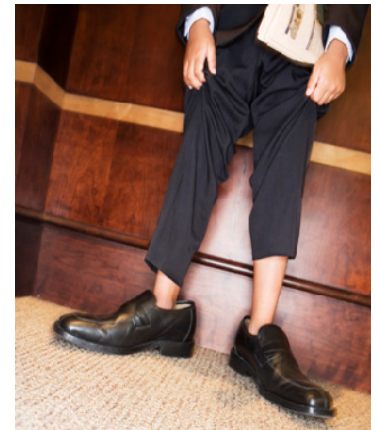
All students enrolled in classes at other Los Rios campuses please stop by the EOP&S office and fill out a consortium agreement and attach a copy of your class schedule. Also students who are receiving DSPS services are required to bring a letter of unit limit from their DSPS counselor every semester. The **deadline** for both Consortium Agreement and DSPS letters is **November 10th, 2011** which is also the last day for the second contact.

**Update your information.**  
If your address or phone number has changed, please make sure you update the changes at EOP&S, Financial Aid, Business Office and Admissions and Records

## Big Dreams

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## Big Achievements



“The roots of true achievement lie in the will to become the best that you can become”

Harold Taylor