

**All participants  
will receive  
a FREE T-SHIRT  
& a ticket to see Dolphins and  
Whales at the Sacramento  
Esquire IMAX Theatre!**


# **American River College Blood & Marrow Drive**

**Tuesday, October 13<sup>th</sup> &  
Wednesday, October 14<sup>th</sup>  
9:00am-3:00pm**

*Located in the Cafeteria Banquet Room*

**For more information contact:  
Health Center @ 484-8383**

**\*Eat & Drink plenty of fluids prior to donating  
\*Please bring a photo ID**

 **BloodSource<sup>®</sup>**

Yes, you do save lives.