



Check out the **STRIPE** Website
at
www.ProjectStripe.org

For more information call
916-286-7922 or 916-484-8737



What is pre-apprenticeship and apprenticeship?

Pre-apprenticeship is a great way to explore the world of apprenticeship. With pre-apprenticeship, you learn about many different construction apprenticeships available to you. You gain entry level skills that include safety, working with tools, green technology, and you get hands-on experience building things. Upon completion of pre-apprenticeship, you know how to connect the dots to get into an apprenticeship program. ARC and CRC have pre-apprenticeship programs in construction, infrastructure, and green technologies. ARC offers certificates and degrees to registered apprentices in a variety of apprenticeship programs.

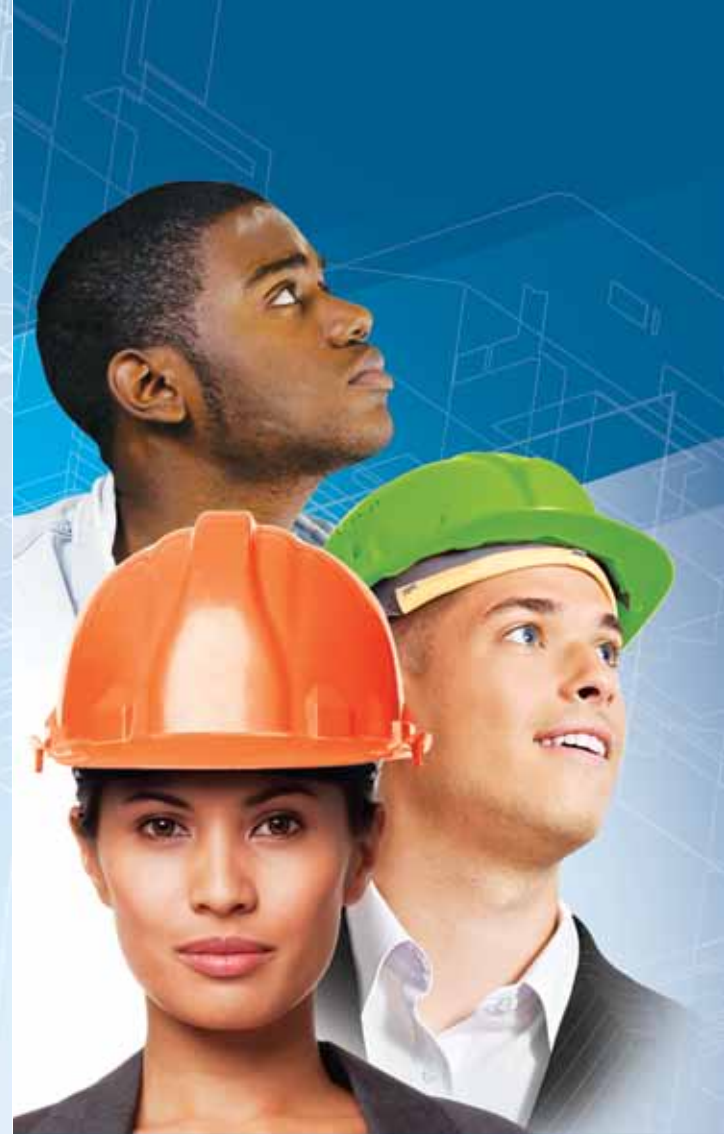
Apprenticeship is formal occupational training that combines paid employment, on-the-job training, and job-related college level instruction. As an apprentice, you can start work earning over \$15 per hour and receive regular increases based on hours and performance. You can also receive retirement and medical benefits.

Together, pre-apprenticeship and apprenticeship programs prepare students for meeting workforce needs in the Sacramento Region and beyond. ARC and CRC offer a variety of programs that prepare you for high skilled, high wage careers. Our partnerships with apprenticeship programs and regional employers assure that you are getting the skills required for future employment.

American River College
Project STRIPE At Twin Rivers
1333 Grand Avenue, Building H
Sacramento, CA 95838

Funded in part by the Chancellor's Office
California Community Colleges CTE Program

The Los Rios Community College District does not discriminate on the basis of race or ethnicity, nationality, religion, gender, sex, age, color, sexual orientation, marital status, or physical or mental disability.



PATHWAYS to APPRENTICESHIP

COMMUNITY COLLEGE PRE-APPRENTICESHIP, APPRENTICESHIP, AND RELATED PROGRAMS

Not sure what you want to do after high school? Do you like working with your hands or working outside? If so, you will want to check out the American River College (ARC) and Cosumnes River College (CRC) construction and infrastructure career pathways. There is so much to choose from!

ARC'S STRIPE INFRASTRUCTURE PRE-APPRENTICESHIP

Earn a certificate and 8 college units exploring thirteen (13) different construction apprenticeship career pathways. You will learn about and gain hands-on experience with bricklayers & stonemasons, carpenters, cement masons, drywall/lathers, electricians, iron workers, laborers, operating engineers, pile drivers, plumbers, sheet metal workers, surveyors, and teamsters. The course includes soft skills, construction math, guest speakers from apprenticeships, physical fitness, and bridge building projects. Apply to apprenticeship programs in the trades of your choice. For more information, call 916-286-7922 or visit www.ProjectStripe.org.

ARC'S STRIPE GREEN TECHNOLOGY PRE-APPRENTICESHIP

Earn a certificate and 8 college units exploring green technology in four specific trades: carpenters, electricians, plumbers, and sheet metal workers. The course includes lots of hands on learning with field trips, guest speakers, and green construction projects. For more information, call 916-286-7922 or visit www.ProjectStripe.org.

CRC'S CONSTRUCTION PRE-APPRENTICESHIP

Earn a certificate and 17 college units studying residential construction pre-apprenticeship and construction principles. This program prepares students for entry into an apprenticeship program in the building and construction industry. Courses include safety, construction principles, green and sustainable building practices, including home weatherization, residential building performance and energy auditing, construction building projects, construction math, blue print reading, guest speakers and field trips. For more information, call 916-286-4400 or visit www.crc.losrios.edu.

ENERGY/UTILITIES

Calling all veterans! ARC is offering in partnership with PG&E a utility line worker pre-apprenticeship program for recently discharged veterans in summer 2011. For more information, call 916-286-7922 or visit the PG&E Power Pathways program website at www.pge.com/about/careers/powerpathway/.

Also, ARC offers a Solar Energy Technology certificate program that provides training in all aspects of Solar Photovoltaic (PV) system design, installation, troubleshooting, and repair. For more information call 916-484-8354 or visit <http://web.arc.losrios.edu/catalog/Energy.pdf>.

TRANSPORTATION

ARC offers certificate and degree programs in the green transportation industry including clean diesel technology and alternative fuels and vehicles. The clean diesel technology program prepares students to apply for the operating engineers apprenticeship program. For more information, call 916-484-8354 or visit <http://wserver.arc.losrios.edu/~tech/>.

MANUFACTURING

ARC offers certificates and degree programs in welding technology providing training in manual and semi-automatic welding processes used in the metal fabrication and construction industries. Become a welder or join the iron workers apprenticeship program. For more information, call 916-484-8354 or visit <http://wserver.arc.losrios.edu/~tech/>.

ARC's Apprenticeship Programs

ARC offers apprenticeship programs for carpenters, drywall/lathers, electricians, iron workers, and sheet metal workers. Apprenticeship programs combine paid employment, on-the-job training, and job related college level instruction in order to develop highly skilled workers. Enrollment in apprenticeship is limited to registered apprentices. For more information, visit <http://web.arc.losrios.edu/catalog/Apprenticeship.pdf>.