Psychology 300/480  
Motivation/Emotion (Chapter 8)

To properly prepare for the test that includes this chapter you should study the material in the book and in lecture that would allow you to do the following:

1. Describe the three types of motives as outlined in class (biological, social, and exploratory) including the basic factor (or underlying theory) in each type of motive (drive, incentive, and arousal theories).
2. Describe Abraham Maslow’s hierarchy of motives, including an explanation of self-actualization and some of the implications or issues associated with Maslow’s view.
3. Describe the prominent biological and environmental/psychological factors that influence hunger.
4. Describe anorexia and bulimia and some of the factors that influence these disorders.
5. Describe the three basic components of every emotion.
6. Describe the concept behind lie detector tests, and the problems inherent in such a concept. Describe the kinds of errors (false positives vs. false negatives) that the tests are most likely to make and why.
7. Describe Paul Ekman’s research on facial expressions, including the implications of his findings.
8. Describe the four major theories of emotion (James and Lange, etc.)